



Comunidad  
de Madrid



Pacto de Estado  
contra la violencia de género

# EMERGENCY HEALTH CARE FOR WOMEN VICTIMS OF RECENT SEXUAL VIOLENCE

## YOU HAVE BEEN A VICTIM OF SEXUAL VIOLENCE IF:

- You have been asked for sexual favours under blackmail or threats.
- You have been harassed or forced to have sexual intercourse, touching, etc., without your consent.
- Sexual acts have been performed on you while you were under the effects of alcohol or other drugs, overriding your will.

## NO BEHAVIOUR OF WOMEN JUSTIFIES SEXUAL VIOLENCE

- Any woman can suffer sexual violence at some point in her life.
- Most perpetrators/abusers are people known and close to the victim.
- Many assaults take place at home, or at a relative's or friend's home.
- Sometimes in the face of violence it is neither possible to flee nor to defend oneself, so women freeze in order to protect themselves.
- Sexual violence has a serious impact on the health of those who suffer it.

## IF YOU HAVE SUFFERED ANY KIND OF SEXUAL VIOLENCE, GO TO A HOSPITAL. IT IS VERY IMPORTANT THAT YOU:

- Do not wash or wipe any part of your body.
- Avoid going to the toilet, if possible, do not urinate, defecate or throw away sanitary towels, tampons or panty liners.
- Do not brush your hair.
- Do not change your clothes.
- Do not eat or drink.
- Do not smoke.

## IN THE HOSPITAL EMERGENCY DEPARTMENT:

- You will be guaranteed confidentiality, security and privacy.
- Information, support and accompaniment will be offered by professionals specialised in sexual violence.
- You will receive the necessary health care.
- Your consent will be sought for all tests.
- You will also be informed of your right to report the sexual assault.

## WHAT TO DO IF YOU HAVE EXPERIENCED RECENT SEXUAL VIOLENCE

- Go to the hospital if the assault occurred within 72 hours or up to 7 days in case of vaginal penetration.
- If you are under 16 years old, go to the paediatric emergency department.
- If you are 16 years old or over, these are the hospital emergency departments you can go to:

### MUNICIPALITY OF MADRID

H.U. 12 de Octubre (maternity ED)  
H. Centro de la Defensa Gómez Ulla  
H.U. Clínico San Carlos  
H. Fundación Jiménez Díaz  
H.G.U. Gregorio Marañón (maternity ED)  
H.U. Infanta Leonor  
H.U. La Paz (maternity ED)  
H.U. Ramón y Cajal

### REST OF MUNICIPALITIES THE COMMUNITY OF MADRID

Alcorcón, H.U. Fundación Alcorcón	Majadahonda, H.U. Puerta de Hierro
Alcalá de Henares, H.U. Príncipe de Asturias	Móstoles, H.U. Móstoles
Aranjuez, H.U. del Tajo	Móstoles, H.U. Rey Juan Carlos
Arganda del Rey, H.U. del Sureste	Parla, H.U. Infanta Cristina
Collado Villalba, H.U. de Villalba	San Lorenzo del Escorial, H. del Escorial
Coslada, H.U. del Henares	San Sebastián de los Reyes, H.U. Infanta Sofía
Fuenlabrada, H.U. de Fuenlabrada	Torrejón de Ardoz, H.U. de Torrejón
Getafe, H.U. de Getafe	Valdemoro, H.U. Infanta Elena
Leganés, H.U. Severo Ochoa	

**WOMEN ARE NEVER TO BLAME.**  
**SUFFERING SEXUAL VIOLENCE IS A CRIME AND REPORTING IT IS A RIGHT.**

**You can report it now or later. If you choose not to report it at first, samples can be collected in case you change your mind later.**

### IF YOU NEED IT, ASK FOR HELP: YOU ARE NOT ALONE

- ▶ Centre for Comprehensive Care for Women Victims of Sexual Violence (CIMASCAM), Community of Madrid Tel.: 915340922
- ▶ 24-hour Crisis Centre for Women Victims of Sexual Violence, Madrid City Council Tel.: 900 869 947
- ▶ 112 Emergency telephone number
- ▶ Helplines:
  - ▶ 012 Helpline for women, Community of Madrid
  - ▶ 016 Helpline for victims of gender-based violence, Ministry of Equality